

CAPISTRANO VALLEY HIGH SCHOOL CROSS COUNTRY ATHLETIC TEAM *SUMMER* TRAINING PROGRAM - 2017

We are pleased to welcome your son/daughter to the Capistrano Valley High School Cross-Country team! The summer training program will begin on **Monday, July 17**. Head Coach Ken Sayles will lead the Girls team and Head Coach Matt Soto will lead the Boys team in these practices that will run until the start of the school year.

Each athlete is asked to bring the following items to practice on **Monday, July 17, 2017** at CVHS:

- 1.) Summer training donation **\$100**
- 2.) Completed Athletic Clearance packet and Transportation permission slip (*these items may be found on the CVHS Cross Country website – cougarsxc.com*)
- 3.) This completed form.

You may not participate in this training program until you have turned in your Athletic Clearance Packet!

CUSD does not provide any financial assistance during the summer training season. The Capistrano Valley High School Cross-Country Boosters is the primary source of its financial support. Your donation covers the coach's fees during this time. You may send your **\$100** donation prior to July 17, 2017 with your child to practice or to the CVHS Cougars Cross Country Booster Treasurer, Robyn Self at the address listed below.

Athletes Name: _____

Parents Name: _____

Address: _____

Email: _____

Boosters will be available to collect donations on July 17, 2017.

Please make checks payable to Cougar Cross Country Booster Club

*Those wishing to complete this form & forward their donation prior to **July 17th** may send donation with your child to practice or mail it to:*

Robyn Self
42 Tesoro
Mission Viejo, CA. 92692

Please note that the Constitution of the State of California requires that we provide a public education to you free of charge. Your right to a free education is for all school/educational activities, whether curricular or extracurricular, and whether you get a grade for the activity or class. Subject to certain exceptions, your right to a free public education means that we cannot require you or your family to purchase materials, supplies, equipment or uniforms for any school activity, nor can we require you or your family to pay security deposits for access, participation, materials, or equipment.